

GUERNSEY AMATEUR SWIMMING ASSOCIATION

ISLAND GAMES – Isle of Wight - 25th June to 1st July 2011

CONSIDERATION TIMES

| Stroke/Distance | Men | Women |
|-----------------------|----------|---------|
| 50 Freestyle | 24.54 | 27.67 |
| 100 Freestyle | 52.94 | 1.00.84 |
| 200 Freestyle | 1.57.02 | 2.10.60 |
| 400 Freestyle | 4.09.68 | 4.33.00 |
| 800 Freestyle | | 9.26.60 |
| 1500 Freestyle | 16.47.09 | |
| 50 Breaststroke | 31.32 | 35.33 |
| 100 Breaststroke | 1.06.76 | 1.17.64 |
| 200 Breaststroke | 2.25.50 | 2.47.09 |
| 50 Backstroke | 28.18 | 31.71 |
| 100 Backstroke | 1.00.85 | 1.08.19 |
| 200 Backstroke | 2.09.76 | 2.25.26 |
| 50 Butterfly | 26.81 | 30.05 |
| 100 Butterfly | 59.23 | 1.07.58 |
| 200 Butterfly | 2.11.84 | 2.30.39 |
| 100 Individual medley | 1.01.50 | 1.09.00 |
| 200 Individual Medley | 2.12.22 | 2.29.00 |
| 400 Individual Medley | 4.42.85 | 5.11.51 |

The above consideration times are based on the 2007 and 2009 games results.

Considerations times are set as 'targets' for swimmers to aim for in order to be 'CONSIDERED' for team selection. Achieving the time for any event does not mean automatic selection, other factors affect selection - these are;

- Several swimmers may achieve the time for an event therefore the fastest will have the advantage.
- The fastest time does not guarantee selection as the limits set on the size of the team by the Island Games Association may affect selection.
- The programme of events may affect the selection.
- Dedication and consistency of training and performance **at the time of selection** will be taken into account.

Please note: GASA reserves the right not to include a swimmer considered to be unworthy of team selection for whatever reason and to deselect a swimmer if an appropriate training regime is not maintained post selection. Individual Log Books, signed by the coach, will be required for inspection by GASA both prior to team selection and leading up to the start date of the Games.

Times must be achieved in a 25 metre pool, converted times will not be accepted. All times to be used for consideration must be swum at ASA licensed meets where there are two or more clubs competing between 1st September 2010 and 30th April 2011 and official results must be available.

GOOD LUCK TO YOU ALL!